

THE OKLAHOMA ASSOCIATION FOR INFANT MENTAL HEALTH

Presents



2008 'BABIES CAN'T WAIT' Annual Conference

MARCH 25, 2008

UNIVERSITY OF
CENTRAL OKLAHOMA



The 2008 "Babies Can't Wait" Annual Conference

- 7:30 – 8:30 am Registration
- 8:30 – 9:00 Introductions & Presentation of
Povl Tousseing Award for 2008
- 9:00 – 10:15 Presentation
"Ghosts and Angels: Promoting Infant
Mental Health in the Family and the
Community" – Dr. Lieberman
- 10:15 – 10:30 Break
- 10:30 – 11:30 Dr. Lieberman's Presentation (continued)
- 11:30 – 1:00 Luncheon
Guest Speaker – Lt. Governor Jari Askins
- 1:00 – 2:30 Workshop Presentations
- Workshop A:** "Trauma-Focused Child-
Parent Psychotherapy – Dr. Lieberman
- Workshop B:** "Integrating the Principles
and Practices of Infant Mental Health in
Programs for Young Children and Their
Families" – Dr. Moss
- Workshop C:** "Promoting Social and
Emotional Competencies in Young
Children" – Fran Morris & Dale Wares
- 2:30 – 2:45 Break
- 2:45 – 4:45 Workshops continue
- 5:00 pm Adjourn

Presented by

The Oklahoma Association for Infant Mental Health

Sponsored by:

Oklahoma State Department of Health
Child Guidance Program
Children First Program
SoonerStart

Oklahoma Department of Mental Health
and Substance Abuse Services

Oklahoma Department of Human Services
Division of Child Care

Oklahoma Institute for Child Advocacy
Smart Start Oklahoma
NorthCare

Sunbeam Family Services

Center for Children and Families, Inc. of Norman
Community Service Council of Greater Tulsa
Parent-Child Center of Tulsa

Opening Plenary

Title: *"Ghosts and Angels: Promoting Infant Mental Health
in the Family and the Community"* – Dr. Alicia Lieberman

Objectives:

1. Teach an ecological-transactional model of development as the basis for infant mental health treatment.
2. Highlight the impact of interpersonal and community-based traumatic stressors on early development.
3. Promote a relationship-focused approach to treatment.
4. Promote inter-system collaboration to enhance infant and family mental health.

Workshop Presentations

Workshop A

Title: *"Trauma-Focused Child-Parent Psychotherapy"*
– Dr. Alicia Lieberman

Objectives:

1. Teach the domains of intervention in child-parent psychotherapy.
2. Highlight the importance of putting traumatic experiences into words.
3. Illustrate translation of clinical material between parent and child.
4. Provide clinical examples as guidelines to demonstrate the application of theoretical principles.

Workshop B

Title: *"Integrating Infant Mental Health Principles and
Practices in Programs for Young Children
and Their Families"* – Dr. Barbara Moss

Objectives:

1. Teach intervention practices that support the social, emotional and mental health needs of young children and their families.
2. Highlight the importance of attachment and nurturing relationship to child development.
3. Offer models of services to implement the principles and practices of infant and early childhood mental health into all programs that work with young children.

Workshop C

Title: *"Promoting Social & Emotional Competencies in Young
Children"* – Fran Morris, MA & Dale Wares, MSW

Objectives:

1. Present an overview of curriculum on promoting social emotional competency developed by the Center on the Social and Emotional Foundations for Early Learning's curriculum on promoting the social emotional competence of young children.
2. Highlight the Teaching Pyramid: A model for promoting children's social-emotional development and preventing challenging behaviors.
3. Offer implementation strategies in the context of naturally occurring routines and environments.

Featured speakers

Alicia Lieberman, PhD: Irving Harris Chair of Infant Mental Health, Professor and Vice Chair for Academic Affairs at the UCSF Department of Psychiatry and Director of the Child Trauma Research Project, San Francisco General Hospital. Dr. Lieberman is also a clinical consultant with the San Francisco Department of Human Services. Alicia is active in major national organizations involved with mental health in infancy and early childhood. She is currently President of Zero to Three: National Center for Infants, Toddlers and Families. She has served on peer review panels of the National Institute of Mental Health, is on the Board of Trustees of the Irving Harris Foundation and consults with the Miriam and Peter Haas Foundation on fostering the healthy development of Palestinian-Israeli children.

Born and raised in Paraguay, Dr. Lieberman received a B.A. from the Hebrew University of Jerusalem and Ph.D. from The Johns Hopkins University. This background informs her work on behalf of children and families from diverse ethnic and cultural origins, with primary emphasis on the experiences of Latinos in the United States. She is the author of *The Emotional Life of the Toddler* (The Free Press, 1993), which has been translated into several languages, and senior author of *Losing a Parent to Death in the Early Years: Treating Traumatic Bereavement in Infancy and Early Childhood* (Zero to Three Press, 2004) and *Don't Hit My Mommy!: A Treatment Manual for Child-Parent Psychotherapy with Young Witnesses of Family Violence*. She is Senior Editor of *DC: 0-3 Casebook: A Guide to the Use of Zero to Three's Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood* and co-author of *Infants in Multiproblem Families* with Stanley Greenspan and others and author of numerous peer-reviewed articles and book chapters.

Dr. Lieberman is currently the Director of the Early Trauma Treatment Network (ETTN), a collaborative of four university sites that include the UCSF/SFGH Child Trauma Research Project, Boston Medical Center, Louisiana State University Medical Center and Tulane University. ETTN is funded by the federal Substance Abuse Mental Health Services Administration (SAMHSA) as part of the National Child Traumatic Stress Network, a multi-site national initiative that has the mission of increasing the access and quality of services for children exposed to trauma in the United States. Her major interests include infant mental health, disorders of attachment, child-parent interventions with multiproblem families and the effects of trauma in the first years of life. Her current research involves treatment outcome evaluation of the efficacy of child-parent psychotherapy with traumatized children aged birth to six and with pregnant women involved in domestic violence. As a trilingual, tricultural Jewish Latina, she has a special interest in cultural issues involving child development, childrearing and child mental health. She lectures extensively on these topics nationally and on four continents.

Barbara Moss, SLP, PhD: The Executive Director of the Texas Association for Infant Mental Health. She is also a consultant for Head Start and Early Head Start in a number of capacities including PRISM reviewer, learning coach for the Special Quest Project and former mental health consultant for the Pathways to Prevention project with Zero to Three. Dr. Moss served for 20 years as the director of a Dallas area Part C Early Intervention Program servicing 350 children and their families. She is a current governor's appointee to the Texas Interagency Coordinating Council representing Mental Health. Dr. Moss is a licensed Speech-Language Pathologist and Audiologist and an Infant Mental Health Mentor, endorsed by the Texas Association for Infant Mental Health.

Fran Morris: Clinical Professor of Psychiatry and Behavioral Sciences, University of Oklahoma Health Sciences Center and children's mental health consultant/trainer. She is the past state president of the Oklahoma Association on Children Under Six and Oklahoma Committee to Prevent Child Abuse, a founding member of Oklahomans Opposed to Corporal Punishment and the Oklahoma Association for Infant Mental Health. Fran wrote a column in the *Oklahoma Gazette* called "Speaking For Children" for 18 years. Fran directed the Diagnostic-Therapeutic Nursery at OUHSC for 10 years, was "Miss Fran" on local TV for 26 years and has received numerous awards for her child advocacy contributions.

Dale Wares: Programs Manager, Oklahoma Department of Human Services Division of Child Care. Mr. Wares is a social worker with a background in administration and planning. His primary responsibilities with the Oklahoma Department of Human Services Division of Child Care include oversight of contracts that support the Oklahoma Child Care Resource and Referral network, child care provider training, Child Care Warmline, and mental health consultation for licensed child care centers. Previous experience included work as a child abuse investigator and the University of Oklahoma School of Social Work where he conducted research on Indian Child Welfare and the interface between state and tribal child welfare systems. He also developed social work curricula and conducted research on the training of Native American social workers. Articles detailing this work were published in *Child Welfare*, *Journal of Multicultural Social Work*, and *ARETE*. Early social work experience included eight years of direct practice experience with a small child abuse prevention and treatment agency in Oklahoma City. Mr. Wares received his social work degree from the University of Oklahoma and his BA in Psychology from the University of California, Santa Cruz.

Registration Form

Name _____

Address _____

Phone _____

Email _____

Employer _____

Profession _____

Workshop Selection: A _____ B _____ C _____

Purchase Order# (if applicable) _____

Mail Registration Form
Along With Your Payment To:

OK-AIMH
P.O. Box 685
Oklahoma City, OK 73101

If you have questions or need accommodations on the basis of disability, please contact Sherry Blazi at (405-271-9477) or by email: sherryab@health.ok.gov.



The 2008 "Babies Can't Wait" Conference is for anyone interested in promoting healthy social emotional growth in young children, supporting families of young children and providing mental health services to young children and their families.

Registration and Fees

Please complete and mail the attached registration form by **March 15, 2008**.

The cost for the conference is \$100.00.

Registration Fee includes lunch, parking and materials.

Make checks and purchase orders payable to OK-AIMH
FEI# 20-2696009

Cancellation Policy

There will be NO refunds. However, the registration fee may be transferred to another conference attendee by first notifying OK-AIMH.

Scholarships

A limited number of scholarships are available. For more information contact Amy Chlouber at 405-528-7721 x213

Continuing Education

The OK-AIMH has requested 5.5 hrs of CE credit for LPC, LMFT and LCSW.

All conference attendees will receive a certificate of Attendance.

Conference Location

The Conference will be held at the University of Central Oklahoma in Edmond, Oklahoma, in Constitution Hall #200 of the Nigh Center. Parking is available at no cost in the lot to the east of the Nigh Center.

Directions to UCO: From I-35 north of OKC, Exit at Edmond – 2nd St. Follow 2nd St west to UCO campus.

Conference Description

The OK-AIMH is working to ensure that one day all children will be emotionally healthy, equipped to learn and nurtured to develop their full potential.

The OK-AIMH believes that meeting the mental health needs of Oklahoma's youngest citizens is imperative.

This conference will endeavor to promote awareness of the importance of infant and early childhood mental health and enhance the capacity of all infant and early childhood caregivers and service providers.